

# SUPPLEMENTS & SAFETY

1 x 54 HD



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## CONTACT

Tom Koch, Vice President  
PBS International  
10 Guest Street  
Boston, MA 02135 USA

TEL: 617-300-3893  
FAX: 617-779-7900

jtkoch@pbs.org  
pbsinternational.org

Over recent years, serious questions have been raised about the multibillion dollar vitamin and supplement industry. Doctors and authorities have documented cases of deceptive claims and contamination, most notably a 2010 study that found trace amounts of hazardous heavy metals or pesticides in over 90% of the supplements tested. Less well known, many rigorous studies suggest supplemental vitamins can increase your risk of cancer, chronic disease and mortality. Through an extensive investigation, *Supplements and Safety* illuminates the public health issues within the booming supplement market. This FRONTLINE film explores the failure of U.S. regulators to monitor the industry and raises troubling questions about the quality and safety of vitamins and dietary supplements, and about whether their health claims can be proved.

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## CREDITS

*Director:* Neil Docherty

*Producers:* Neil Docherty, Anita Elash, Lisa Ellenwood

*Executive Producers:* David Fanning, Raney Aronson-Rath

*Photo:* Shutterstock



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