

# RIDE THE TIGER

A GUIDE THROUGH THE BIPOLAR BRAIN

1 x 60 HD



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The reality of bipolar disorder is hard to fathom: five and a half million Americans have been diagnosed with the disorder and yet so little is known about how the illness manifests itself in our brains. *Ride the Tiger: A Guide Through the Bipolar Brain* is a one-hour documentary that tells the story of highly accomplished individuals—congressmen, attorneys, pastors, authors and stay-at-home moms—who have been diagnosed as bipolar. Narrated by actor David Ogden Stiers, co-written by National Book award-winning author Andrew Solomon and directed by duPont-Columbia award-winner Ed Moore, this documentary seeks to find out where the biological breakdowns occur and how we can possibly pre-empt, fix or rewire our brains back to recovery.

Perhaps most importantly, *Ride the Tiger* is designed to subvert stereotypes about people with mood disorders by raising awareness, reducing stigmas and improving the lives of those affected by disorders such as bipolar. The film weaves together brave and compelling stories of people with mood disorders with a new narrative of scientists and scholars on the cusp of discovery, exploring questions and connections that are spurring four scientific disciplines of mental health research: genetics, the brain, treatment and basic science.

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### CREDITS

*Writer:* Andrew Solomon

*Director, Executive Producer:* Ed Moore

*Image:* Courtesy of Detroit Public Television



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